

SLOWER BALLS, SHORTER RACKETS, EASY GAME

**PLAYERS AGED UNDER 10 SHOULD LEARN
TENNIS USING SLOWER RED, ORANGE OR
GREEN BALLS AND SHORTER RACKETS**

Players under 10 should use slower balls so that they have more time and control, develop technique more easily and can serve rally and score sooner.



PLAY+STAY
SERVE·RALLY·SCORE



As recommended by:
The International Tennis Federation

tennisplayandstay.com