

## COMPETITION FORMATS

### Overview

This presentation covers a pathway of “competitive orientation” based upon an understanding of the child, the environment and simple formats / competition structures. This presentation will cover simple formats that can be adapted and used, an understanding of how children and parents view competition and how all this is essential in the motivation and retention of young players.

### Setting Up the Game for New Players In Lessons

- Courts and balls
- Tools, Scoreboards and Equipment
- Teach THE rules of tennis.
- Teaching children – in and out
- Teach scoring
- Teach serving order for tiebreak

### Key Issues around Competition

- Developing Each Player - FEAR
- Competition for all - FAIR

### Developing Competitiveness

- What It Means To Be Competitive – under achiever vs. over achiever
- Establishing Your Club Climate

### Developing Competitive Skills in Lesson

- Building Awards into the Game
- Teaching Key Concepts of Tennis – Court, Opponent, Movement Cycle

Children will ultimately make social comparisons, but giving more players confidence and recognition of their achievements will enable more players to develop the desire to compete.

### Measurable Tasks

- Improving own score or performance
- Improving skill with partner
- Competing with partner against other pairs
- Competing against other players at skills

### Competitive Points

- In singles as part of a team
- In singles and doubles as part of a team
- In singles and doubles
- Primarily in Singles