

TEAM COMPETITIONS



TACTICAL DOUBLES CHALLENGE

(Presented by Mark Tennant, ITF)

DESCRIPTION

This is a timed doubles competition that encourages players to practice doubles tactics in matchplay. It is an ideal format to include at the end of a doubles workshop.

TIME

1 Hour

PLAYERS / COURTS

4 courts per 16 players

SINGLES / DOUBLES

Doubles

AGES

Any

TEAM / INDIVIDUAL

Team

OBJECTIVE

Social Learning

ORGANISATION

COURTS AND PLAYERS: Divide players into doubles pairs. Number each pair 1-8. Set up courts with a different tactical doubles instruction for each:

Court 1: one up one back; one player in the pair must stay at the net with the other at the baseline

Court 2: serve and volleys; servers must serve and come up to the net on every point

Court 3: service boxes only; players lose the point if they step outside the service box after the serve and return have been played

Court 4: 'I' formation; the server's partner stands in the middle at the net then chooses a side to move to after the serve

SCORING: Matches are timed for 10 minutes. Players count points 1, 2, 3, 4 – service works as in a tiebreak

SCORESHEETS: Pairs record their score in each match and enter on the main scoresheet (see next page)

ACTIVITY

ORDER OF PLAY: Put all pairs on court, 2 pairs per court. After each round all pairs move one court space to the right (see page 3). Play 8 rounds.

AT THE END: The winning pair is the one with the most points won

ADAPT THE FORMAT

Many formats can easily be adapted to suit players aged under 10, mixed ages, teams and to be a more or less competitive event.

Download 'ADAPTING COMPETITION' for a quick and easy guide to adapting this format to suit your needs.

THEMES

Many competitions are more fun and easier to promote if they have a theme such as Davis Cup, Olympics or Family Day attached.

Download 'ADDING THEMES' for ideas.

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SAMPLE SCORESHEET

Names	Match 1	Match 2	Match 3	Match 4	Match 5	Match 6	Match 7	Match 8	Total
Eg Pair X	8	5	9	10	6	7	4	7	56
Pair 1									
Pair 2									
Pair 3									
Pair 4									
Pair 5									
Pair 6									
Pair 7									
Pair 8									

TEAM COMPETITIONS



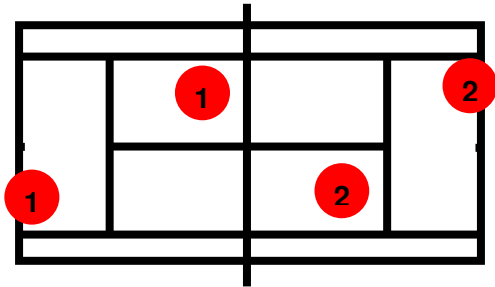
TACTICAL DOUBLES CHALLENGE

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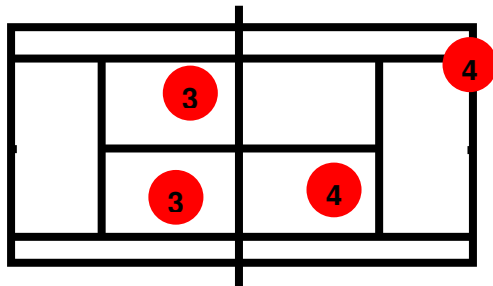
ROTATIONS – Each pair moves one place to the right after each round

ROUND 1

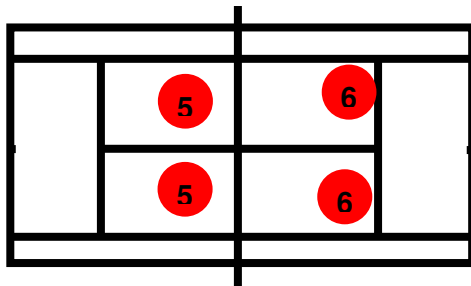
Court 1 – One Up One Back
Pair 1 v Pair 2



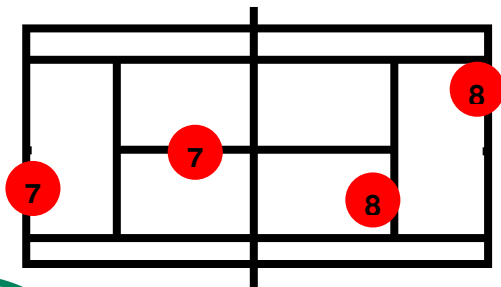
Court 2 – Serve and Volley
Pair 1 v Pair 2



Court 3 – Service Box Only
Pair 5 v Pair 6

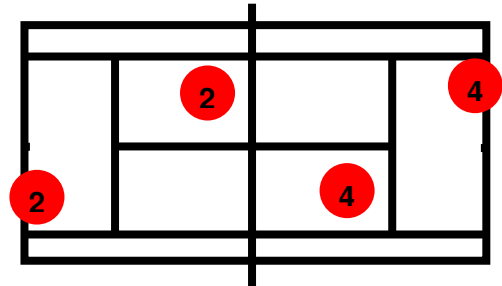


Court 4 – 'I' Formation
Pair 7 v Pair 8

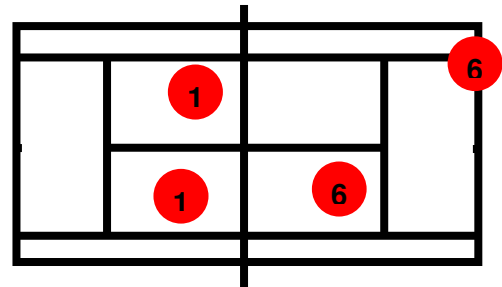


ROUND 2

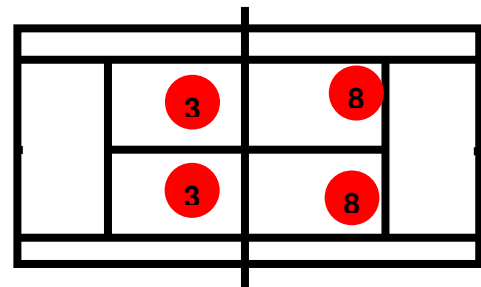
Court 1 – One Up One Back
Pair 2 v Pair 4



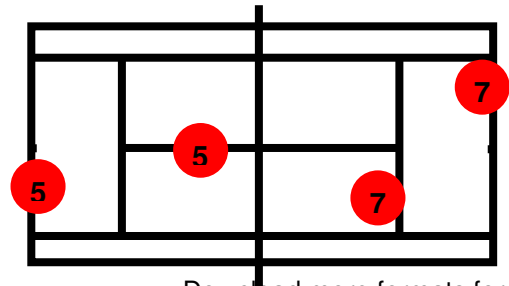
Court 2 – Serve and Volley
Pair 1 v Pair 6



Court 3 – Service Box Only
Pair 3 v Pair 8



Court 4 – 'I' Formation
Pair 5 v Pair 7



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